



13th-17th
August 2025



EVENT GUIDE

Cork on a Fork Fest is a celebration of everything that makes Cork's gastronomy scene so unique - from our talented chefs to our world-class producers, our vibrant hospitality and nightlife scene, and our deep rooted food traditions.

GET A TASTE
OF CORK'S
UNIQUE FOOD
CULTURE

Expect exclusive dining experiences, street feasts, food trails, free cooking demos, talks, a children's programme, and plenty of festival fun throughout Cork City over 5 days.

As a farm-to-fork destination since its origins as a trading port in the 10th century, Cork has led the way in Ireland's modern speciality food movement and has more artisan producers than anywhere else in the country. From Atlantic seafood and artisan cheeses to spiced beef and tripe and drisheen, this is a city where food tells a story.

Organised by Cork City Council in partnership with local hospitality businesses.

To book, click on the event name below or see
www.corkonaforkfest.ie for more.
Email corkonaforkfest@gmail.com

   
[@corkonaforkfest](https://www.instagram.com/corkonaforkfest)

Dining Experiences



Enjoy exclusive dining experiences and special tasting menus.



Trails, Tours & Tastings



Unique food trails, food tours & tasting events.



Demos, Workshops & Talks



Hone your culinary skills with demos, workshops, talks, and masterclasses led by top chefs and industry experts.



Live Stages & Markets



Free cooking demos and talks all weekend at the Live Stages on Emmet Place & a local food market.



Family Events



Food fun and learning with kids cooking classes, child-friendly demos, family dining experiences, food trails and play.



Free



Enjoy plenty of free experiences, from demos and tastings to community garden events.



Beerfest +18's Only

Organised by the Franciscan Well, the Cork on a Fork Beerfest features beer events across the city, including free brewery tours and beer-themed dinners.



BRINGING THE UNIQUENESS OF FRANCISCAN WELL ACROSS CORK CITY

A Cork City Council Festival



Comhairle Cathrach Chorcaí
Cork City Council



Comhairle Cathrach Chorcaí
Cork City Council



An tUdaráis Náisiúnta
Forbartha Turasóireachta
National Tourism
Development Authority



Irish Examiner





CORK ON A FORK FESTIVAL PROGRAMME

TASTE YOUR WAY THROUGH CORK CITY

Dining Experiences | Trails, Tours & Tastings | Demos, Talks & Workshops | Live Stages & Markets | Family Events | Free | BEERFEST +18's Only | +18's Only



CLICK EVENT NAME TO BOOK

WEDNESDAY 13TH

	10am - 12pm	Future of Food Breakfast with The Irish Examiner	A Business of Food talk and breakfast with the Irish Examiner, sponsored by Musgrave. Invite only, Email register interest.	Good Day Deli, Nano Nagle Place	FREE
	10am - 12pm	Cork Food History Guided Tour	A guided walking tour through the city with tastings and historic stops.	Cork City Centre	€70/PP
	11am - 2pm	Cork Culinary Tour	A tour and tastings through the English Market followed by a sharing platter and a creamy pint in a local gastro pub.	Cork City Centre	€110/adult, €80/youth 12-18, €35/child
	12.30pm - 4pm	Taste the Goodness Community Garden Party	Join NICHE Health for a guided tour of the beautiful garden, tastings and music.	Knocknaheeny Hollyhill Community Garden	FREE *No booking required
	5pm - 9pm	VQ Shared Table, Sponsored by Birra Moretti	A spectacular chef collaboration from The VQ for 450 guests dining outdoors at a shared long table on MacCurtain Street. Bookings Open Friday 9 th May	MacCurtain Street	€150/PP

	7pm - 11pm	Hysterical Histories Takes The Imperial Hotel	Hysterical Histories is taking over The Imperial Hotel for a night of immersive theatre, live music, and mouthwatering local flavours	The Imperial Hotel	€70/PP
	All day	Feed Cork x Market Lane Collab	Market Lane is teaming up with Feed Cork to provide two nutritious meals.	Feed Cork	



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THURSDAY 14TH

	10am - 12pm	Cork Food History Guided Tour	A guided walking tour through the city with tastings and historic stops.	Cork City Centre	€70/PP
	11am	Food and Mood Talk	An engaging talk on how we can support our mood through nutrition	Ballincollig Library	FREE *No booking required
	11am	The Hysterical Histories - Food, Fame & Frivolity walking tour	Discover the highlights of Cork's 1500-year history on this truly unique city walking tour with a historical actor guide.	Cork City Centre	€20 per adult €15 (6-12 yrs) FREE (0-5yrs). Discount code: FORKWAJK25
	11am - 12pm	Children's Pizza Party Demo at The Marina Market	A hands-on kid's pizza making workshop.	The Marina Market	€15PP (includes a pizza)
	1pm - 2pm	An English Market Cooking Demo	A cookery demonstration & sampling outside the English Market with Cork Chef Orla McAndrew	Outside the English market on Grand Parade	FREE *No booking required
	2pm	Cork on a Fork Fab Food Trail	Walk and taste your way around Cork city visiting the very best places using the very best of local produce.	Cork City Centre	€80/PP



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FRIDAY 15TH

	10.30am - 1pm	Cork on a Fork Fab Food Trail	Walk and taste your way around Cork city visiting the very best places using the very best of local produce.	Cork City Centre	€80/PP
	11am	La Dolce Vita Cork style: The Italiano playlist and Tuscan table snacks	A morning of Italian music presented by Denis McSweeney and the best tastes of Italy food tastings.	The City Library - Rory Gallagher Music Library	FREE *No booking required
	11am-12pm	Battle of the Smoothies	A fun interactive healthy cooking class for kids with The Cool Food School. (3-12 years)	St Peters	€13.50/PP
	11am	The Hysterical Histories - Food, Fame & Frivolity walking tour	Discover the highlights of Cork's 1500-year history on this truly unique city walking tour with a historical actor guide.	Cork City Centre	€20 per adult €15 (6-12 yrs) FREE (0-5yrs). Discount code: FORKWAJK25
	11am	Marina Market Teddy Bears Picnic	A teddy bears picnic with cupcakes from Messy Buns, Glenilen Yoghurt, Hannas Bees Honey, free facepainting and giant games.	The Marina Market	€10/PP
	11.30am	Food and Mood Talk	An engaging talk on how we can support our mood through nutrition	Mayfield Library	FREE *No booking required
	12pm - 12.45pm	Tutored Beer Tasting & Micro-Brewery Visit	Step inside the smallest brewery in Ireland Elbow Lane Brew & Smokehouse for a fun sampling of their award-winning beers & visit the micro-brewery. (18+)	Elbow Lane	€60/PP
	12.30pm - 1.30pm	Carrot Cake Power Balls - Kids Sensory Cooking Class	A fun, interactive pop-up healthy cooking class for children.	St Peters	€13.50/PP
	12.30pm	Afternoon Tea on the Train - A FoodCloud Kitchen Experience	FoodCloud Chefs craft surplus ingredients into a stunning afternoon tea menu on board a train	Kent Station	€35/PP
	1pm - 2.30pm	Nice To Mead You! Mead-making class and talk.	Learn how to make your own mead at home.	The City Library - Thomas Davis Room	FREE *No booking required
	2pm	Bone Health	Learn all you need to know about nutrition for bone health.	Glannire Library	FREE *No booking required
	2pm - 4.30pm	Cork on a Fork Fab Food Trail	Walk and taste your way around Cork city visiting the very best places using the very best of local produce.	Cork City Centre	€80/PP
	2pm - 5pm	Cork Culinary Tour	Wander through the 18th century English Market meeting producers and sample their award-winning produce before enjoying a sharing platter and a creamy pint in a local gastro pub.	Cork City Centre	€110/adult, €80/youth 12-18, €35/child
	2pm - 6pm	Exclusive Meet The Producers Bus Tour	An exclusive Producers Bus Tour celebrating some of Cork's best food producers with behind-the-scenes tastings and insights into their craft.	Cork City & County	€95/PP
	2.30pm - 4.30pm	Bread, Beef and Butter at The Butter Museum	A demonstration on the making of traditional soda bread and butter, and a talk from local butcher James Nolan on corned beef.	The Butter Museum at Shandon	Free
	2.30pm - 4.30pm	English Market Food History Tour and Tasting at Farmgate	A special tour and tasting of the English Market guided by Regina Sexton, UCC's food and culinary historian.	The English Market	€55/PP

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SATURDAY 16TH

	10.30am	Cork on a Fork Fab Food Trail	Walk and taste your way around Cork city visiting the very best places using the very best of local produce.	Cork City Centre	€80pp
	11am - 5pm	Cork on a Fork Food Market & Play Street	Local market and free family fun	Emmet Place (outside Crawford)	FREE *No booking required
	11am - 2pm	Cork Culinary Tour	Wander through the 18th century English Market meeting producers and sample their award-winning produce before enjoying a sharing platter and a creamy pint in a local gastro pub.	Cork City Centre	€110/adult, €80/youth 12-18, €35/child
	11am - 3pm	Fun Food and Farm	Food, kids Fun and Farm at the Cornmarket St Market (Coal Quay)	Coal Quay, Cornmarket Street	FREE *No booking required
	12pm	The Gruffalo's Tasty Tale	A magical Gruffalo-themed interactive reading followed by Gruffalo Crumble muffins decorating.	Easons, St Patrick's St	FREE
	12pm - 12.45pm	Tutored Beer Tasting & Micro-Brewery Visit	Step inside the smallest brewery in Ireland Elbow Lane Brew & Smokehouse for a fun sampling of their award-winning beers & visit the micro-brewery. (18+)	Elbow Lane	€60pp
	12pm	Brewery Tour, Pizza and Pint @ Rising Sons	A pizza, pint & tour of Cork's award-winning Rising Sons Brewery.	Rising Sons Brewery	€28pp
	12pm	Chase the Fairy Absinthe Experience	Ireland's first and only premium Absinthe Experience with a guided Distillery Tour, cocktails and Absinthe-infused chocolates.	Rebel City Distillery	€45pp
	12pm - 2pm	A Harvest of Nations, One Garden Many Kitchens!	A feast of flavours from one garden with many kitchens!	Togher Community Garden	FREE *No booking required
	12pm - 3pm	The Cork Brunch at Sophies	A local produce brunch & Rebel City Distillery Cocktail & resident DJ	Sophies Rooftop Bar & Restaurant	€35pp
	12.30pm	Children's Food Trail	Enjoy bite-size child-friendly local food & learn interesting facts on the food trail through the city centre.	Cork City Centre	€18pp
	1pm - 2pm	An English Market Cooking Demo	A cookery demonstration & sampling outside the English Market with Cork Chef Orla McAndrew	Outside the English market on Grand Parade	FREE *No booking required
	1pm & 3pm	North X South Wine Tasting	A wine tasting collaboration between MacCurtain Wine Cellar & L'Attitude 51	MacCurtain Wine Cellar & L'Attitude 51	€45pp
	2pm - 4pm	International Tea Ceremony & Cooking Demos	Explore international tea, coffee and food with Cork Migrant Centre.	Tea Room and Lecture Theatre, Nano Nagle Place/ School of Architecture	FREE
	2pm - 3.30pm	Farm to Fork Cookup and Guided Tour	A cooking demo, tastings and guided tour of the gardens.	Murphys Farm Community Garden, Cursheen	FREE *No booking required
	2.30pm	The Gruffalo's Tasty Tale	A magical Gruffalo-themed interactive reading followed by Gruffalo Crumble muffins decorating.	Easons, St Patrick's St	FREE
	3pm - 5pm	Rebel City Distillery X Fitzgerald's Bar Masterclass	Hands-on cocktail masterclass, Rebel City Distillery talk and tasting notes, light bites and 3 cocktails.	Fitzgerald's Bar at The Imperial	€55pp
	3.45pm	Distillery Tour with Founders	A guided distillery tour with a hands-on mixology session.	Rebel City Distillery	€28pp
	4.30pm - 5.30pm	From Barrel to Board: Whiskey & Cheese Tasting	The Shelbourne presents an exclusive whiskey and cheese tasting event, celebrating the best of local flavours	Shelbourne Bar Cork	€25pp
	4pm	Heritage Harvest: Soundough & Natural Experience	An immersive event and workshop celebrating the art and science of soundough bread-making, natural wine, and sustainable agriculture.	Callanan's bar, Georges Quay's	€30 (or €50 for two)
	4.30pm - 6.30pm	Irish Coffee, Irish Dancing, Irish Music Workshop	Master the art of making the perfect Irish Coffee, step into an Irish jig, and listen to local trad music.	JJ Walshes	€25pp
	7pm	Hysterical Histories Cork - Dinner Theatre Experience	A night of theatre, live music & mouthwatering local flavours with Hysterical Histories.	Amicus Restaurant, Paul Street	€27 adult €22 child 3-12yrs 0-2yrs FREE Discount code: FORKWAJK25

CLICK EVENT NAME TO BOOK

SUNDAY 17TH

	10am - 12pm	Elevate & Unwind	A pilates class led by Sian Horn, followed by a wellness and beauty talk & a healthy breakfast with rooftop views from the Imperial's Penthouse	Penthouse Suite, The Imperial	€40pp
	11am - 5pm	Cork on a Fork Food Market & Play Street	Local market and free family fun	Emmet Place (outside Crawford)	FREE *No booking required
	2pm	Kids' Pasta-Making Demo	FREE pasta-making demonstration for kids	Don Gregorio, WASHINGTON Street	FREE
	2pm	Lee Fields Foraging with Chef Epi Rohan	Forage for wild edible plants in the Lee Fields with chef Epi Rohan.	Car Park Lee Fields	FREE
	2pm - 4pm	Herb Garden Workshop	A herb preparation-making demonstration Douglas Community Park with botanist Jo Goodyear.	Douglas Community Park, Church Road	FREE *No booking required
	2pm	Sailing, Shucking and Shanties	Enjoy stunning views, live sea shanties by the Cobh Molgoggers, oyster & a healthy breakfast with Pats O'Connell & a guided tour of the harbour's rich history.	Pick up at Custom House Quay	€50pp
	3pm	French x Cork Tacos Battle	Create the best French Tacos using Cork ingredients in 5 minutes!	Creme French	€10pp



CLICK EVENT NAME TO BOOK

ALL WEEK

	1pm - 4pm	The Met x Maharani Afternoon Tea	A special Maharani Gin afternoon tea, blending local flavours with Indian botanicals.	The Met, Metropole Hotel	€45pp
	1pm - 6pm	Botanics & Bites at Bloom	A botanical cocktail and sharing board featuring a selection of local produce in this stunning garden venue.	Bloom @ Hayfield Manor	€50 for 2

	Wed & Thurs 6pm - 8pm Fri, Sat & Sun from 12pm	Nico Reynolds x Paladar	A special Caribbean-inspired special chef collaboration with RTE TV Chef Nico Reynolds,	Paladar	€50pp
	7pm	River Lee Loves Local Dinner	A celebration of local ingredients and an opportunity to connect with the producers behind the plate.	The Mirror Room at The River Lee	€95pp

	11am - 6pm Festival Marquee, Emmet Place	Cork on a Fork COOKING DEMO LIVE STAGE	FREE *No booking required
11am	Smokin' Fish	A masterclass in putting smoked wild fish on your breakfast menu with Aishling Moore (Goldie) and Sally Barnes (Woodcock Smokery). MC'd by Kate Ryan (flavour.ie)	
12pm	Summer Alfresco with Clodagh McKenna	A cooking demo with Clodagh McKenna featuring Moroccan Spiced Chicken Couscous Salad and Lemon Possets, followed by a book signing.	
2pm	Takashi Takes on Tripe	Michelin star chef and adopted Corkman Takashi Miyazaki, owner of Ichigo Ichie and Miyazaki, cooks up his own take on Tripe - Cork's city's traditional dish. MC'd by Joe McNamee (Irish Examiner)	
3pm	Young Rebel Uprising	A cooking demo showcasing Cork's rising chefs. MC'd by Irish Examiner food writer Joe McNamee.	
4pm	Modern Vegan & Vegetarian Food - with My Goodness, Paradiso and Meb's Veg	Cooking demo and tasting with three leading vegan and vegetarian chefs from My Goodness, Paradiso & Meb's Veg. MC'd by Kate Ryan (flavour.ie)	
5pm	Tastes of Home	Join Saoirse Ethnic Hands for the launch of Tastes of Home, a multicultural cookbook brought to life with live cooking, tastings, and stories from migrant women living in Cork. MC'd by Kate Ryan (flavour.ie)	

	11am - 6.30pm Festival Marquee, Emmet Place	Cork on a Fork TALKS & TASTINGS STAGE	FREE *No booking required
11am	Cork's Food Revolution: Innovators Shaping the Future	A live Best Possible Taste podcast featuring three innovative Cork producers.	
12.15pm	Liquid Gold - A Celebration of Cork's Blas na hÉireann Award-Winning Beverages	A live Best Possible Taste podcast celebrating Cork's success at the Blas na hÉireann Irish Food Awards	
3.15pm	In Gut Health - eat and drink your way to a happy and healthy gut	How to feed your gut for better health with scientist Paul Cotter & Cork gut-friendly drinks Sauer, BKultured & Phterbyre. MC'd by Kate Ryan (flavour.ie)	
4.15pm	Raw Treats Demo and Stretches with The Yoga Tree	A raw treats demo and stretches with flavour from The Yoga Tree.	
5.30pm	Splitting the C - A Celebration of Cork's Independent Stout Brewers	A cheeky take on Cork's stout brewing traditions with 5 independent brewers. MC'd by Kate Ryan (flavour.ie)	

*More Talks and demos will be announced shortly.

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	7pm	River Lee Loves Local Dinner	A celebration of local ingredients and an opportunity to connect with the producers behind the plate.	The Mirror Room at The River Lee	€95pp

	11am - 6pm Festival Marquee, Emmet Place	Cork on a Fork COOKING DEMO LIVE STAGE	FREE *No booking required
11am	Rob Fitzpatrick, Market Lane	Join the head chef at the iconic Market Lane Restaurant for a cooking demo filled with local flavours.	
12pm	Summer Italian Supper with Clodagh McKenna	A cooking demo with Clodagh McKenna featuring Chilli Garlic Prawn Linguine and Roasted Peaches, followed by a book signing.	
1pm	Cork on a... Stick! A Cork Cook-Off, with a Twist!	Pamela Kelly (The Farmgate Cafe), David Deveraux (51 Cornmarket) and Rebecca Recary Sanchez (St Francis Provisions) compete to design, cook and present their take on a Cork Pinxto. MC'd by Kate Ryan (flavour.ie)	
2pm	Street Food Showdown	Darren O'Connell of Kay's Kitchen and Jerome Williamson of EcoFish go head to head in a sizzling street food live cook-off. MC'd by Joe McNamee (Irish Examiner)	
5pm	Rescue The Plate	Learn how to turn Food "Waste" into Food "Ace" with two of Cork's leading Zero Waste chefs, Ali Honour & Orla McAndrew. MC'd by Kate Ryan (flavour.ie)	

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