

ALI'S BAKERY

Ali's bakery create premium, handmade cheesecakes and cakes. Which they deliver right to your door.

www.alisbakeryie.square.site

ANGELA NOETHLINGS BAKERY

Angela Nöthlings has established Ryes & Shine, a German microbakery in Cork specialising in rye sourdough breads. Proud member of #realbreadireland.

www.instagram.com/ryes.and.shine.cork

ATHULA'S FUSION FOODS

Athula Fusion Foods is a multi-award-winning family business based in Cork, Ireland. Athula's peri peri sauces range is the very first peri peri in Ireland.

www.athulafusionfoods.com

ARBUTUS BREADS

A wholesale Artisan Bakery using traditional methods.

www.arbutusbread.com

ARDSALLAGH CHEESE

Ardsallagh Cheese are a family business who make high quality, handmade, natural goats cheese.

www.ardsallagh.ie

BALLINWILLIN HOUSE FARM'S VENISON

Ballinwillin House Farm, an organic family farm in the Golden Vale, has a magnificent herd of organic fed deer. Their organic venison meat has won awards all over the world.

> www.visitballyhoura.com/explore/ ballinwillin-house-b-b

BALLYCOTTON SEAFOOD

Ballycotton Seafood is a family owned and run fish and seafood business, offering a huge array of fresh fish from their boats to your table.

www.ballycottonseafood.ie

BALLYHOURA APPLE FARM

Fruit & Vegetable Juices & Raw Apple Cider Vinegar.

www.ballyhouraapplefarm.com

BALLYHOURA MUSHROOM

Ballyhoura Mushrooms grow gourmet, medicinal & wild Irish mushrooms in the Ballyhoura mountains.

www.ballyhouramushrooms.ie

BALLYMALOE COUNTRY RELISH

Using the original recipe of tomatoes, sultanas and a carefully picked blend of spices, Ballymaloe Original Relish has been produced for over 30 years.

www.ballymaloefoods.ie







BANANA MELON CHEEZE

Plant-based food start-up that believes in fuelling your body right. www.bananamelonkitchen.com

BANDON VALE

Suppliers of quality cheese solutions for the retail and foodservice markets. www.bandonvale.ie

BARRY'S TEA

The number one Irish blended tea, from Cork.

www.barrystea.ie

BEARA DISTILLERY

A family-run distillery in the Beara Peninsula, producing Beara Ocean Gin, Beara Pink Ocean Gin, Beara Black Cask Blend Irish Whiskey, Beara Single Grain Irish Whiskey and Beara Single Malt Irish Whiskey. www.thebearadistillery.ie

BERTHA'S GIN

Bertha's Revenge Gin took about 10 months from conception to birth, not a dissimilar length of time to the average gestation period for a cow!

www.ballyvolanespirits.ie

BLACKS BREWERY

Situated on Ireland's Wild Atlantic Way in Kinsale, this is Ireland's first co-located Brewery & Distillery has a range of craft beers & boutique spirits.

www.blacksbrewery.com

BLARNEY BEES

Blarney Bees are a small, family-run business with two generations of beekeepers, founded in 2018. The 100% Pure Raw Irish Honey is crafted by their own Irish Honeybees at our Apiary in Blarney. The small-batch production method guarantees a distinctive flavour for each lot while preserving the aroma, texture, and taste of raw Irish blossom honey.

> https://supervalu.ie/real-people/foodacademy-programme/blarney-bees

BLUEBELL FALLS GOAT CHEESE

Bluebell Falls Goats Cheese is a multi awardwinning handmade, soft cheese made from goat's milk with a deliciously creamy taste and texture, produced close to Charleville. www.bluebellfalls.com

BO BAINNE ÚR

Mobile Vending machine supplying pasteurised, non-homogenised pure-bred Jersey cows milk.

www.instagram.com/bobainneur

BÓ BURGERS AND STEAKS

Handmade burgers, dry-aged steak sandwiches, located in Cork, find us at markets and festivals. www.instagram.com/boburgersandsteaks

BÓ RUA FARM

Bó Rua Farm farmhouse cheese is made on a family farm using traditional methods from the freshest cows milk.

www.boruafarm.ie





BROWN ENVELOPE SEEDS

West Cork grown, open-pollinated and open-sourced seeds. Growing since 2005 and certified organic by the Organic Trust Ltd.

www.brownenvelopeseeds.ie

BUMBLEBEE FLOWER FARM

Based in west Cork, Bumblebee Flower Farm is Ireland's first dedicated edible flower farm, where they cultivate vibrant, fragrant, stunning organically grown flowers in line with the seasons.

www.bumblebeeflowerfarm.ie

BUSHBY'S STRAWBERRIES

Bushby's Strawberries home grow the finest strawberries in West Cork, supplying restaurants and retail throughout Cork county.

www.facebook.com/bushbyfarm

CAHERBEG FREE RANGE PORK

Caherbeg Free Range Pork products are made from their own herd of free range outdoor pigs on a farm in Caherbeg, Rosscarbery.

> www.facebook.com/Caherbeg-Free-Range-Pork-Ltd

CAMUS FARM

Authentic field-to-table restaurant in Clonakilty, with produce grown on their organic farm.

www.fieldkitchen.ie

CAPE CLEAR ISLAND GOATS

A goat dairy farm founded in 1979. Their main breed is British Alpines that are milked once a day.

www.capeclearisland.ie/GoatFarm

CARBERY

Carbery Group is a global leader in food ingredients, flavours and cheese, producing from West Cork.

www.carbery.com

CLÓNA DAIRY

Since 1919, Clóna Fresh Milk has been part of daily life in Cork, originating at the Hurley family farm in Clonakilty, west Cork.

www.clona.ie

CLONAKILTY BLACKPUDDING

This family business has been making black pudding since the 1880s and the secret receipe has been passed down from generation to generation. Their collection now also includes Whitepudding, Rashers, Sausages and Veggie Pudding.

www.clonakiltyblackpudding.ie

CLONAKILTY CHOCOLATE

Cacao is good, it tastes good and it is full of goodness. Clonakilty Chocolate take good cacao and use it to make good chocolate. www.explodingtree.com





CLONAKILTY DISTILLERY

Clonakilty Distillery was founded by an Irish farm family in West Cork, from a dream to improve Irish Whiskey by harnessing natural elements in a unique and more sustainable way.

www.clonakiltydistillery.com

CLONAKILTY GLUTEN FREE KITCHEN

A little artisan bakery on a mission to show the world you don't need gluten for amazing flavour.

supervalu.ie/real-people/food-academyprogramme/clonakilty-gluten-free-kitchen

CLONAKILTY HOMEMADE ICECREAM

Part of the Clonakilty Walking Food Tour, Clonakilty HomeMade Ice Cream has been making tasty treats for eighteen years. Made locally on the premises, we sell our ice cream in over eighteen different flavours- drop by and try it for yourself!

> www.instagram.com/clonakilty_ homemade_ice_cream

COOLEA FARMHOUSE CHEESE

Coolea Cheese is hand made on the mountain farm of the Willems family in Coolea Co. Cork.

Nothing but 100% healthy fresh cows milk is used to produce this high quality cheese. Mild and creamy with a distinct flavour suitable for every occasion.

www.cooleacheese.com

COOLMORE FOODS

Made with Love in West Cork. Coolmore first began baking cakes in 1988 in an old farmhouse in West Cork, an area famous for its delicious artisan food products.

www.coolmorefoods.ie

CORK CHILLI COMPANY

High quality, award-winning chilli sauces made from fresh chillies grown in Cork. They produce sauces with a large variety of flavours and heat levels.

www.corkchillicompany.com

CORK ROOFTOP FARM

Cork Rooftop Farm is an urban farm based in Cork. Founded amid the COVID-19 lockdown, to grow sustainable, delicious food on a rooftop in the heart of Cork City. www.corkrooftopfarm.ie

COTTON BALL BREWING CO

With the intention of providing customers with greater choice and quality artisan beers, they founded the Cotton Ball Brewing Company in late 2013.

www.cottonball.ie

CULTURED FOOD CO.

Based in the heart of West Cork, The Cultured Food Company is reviving the ancient art of hand crafted live fermented foods for gut health and well being.

www.culturedfoodco.ie





DEROISTE PUDDINGS

Breakfast Meat & Puddings. www.deroistefoods.ie

DEVOYS ORGANIC FARM

Devoys deliver organic produce in West Cork and Cork City! And we are at Clonakilty market on Fridays and Skibbereen market on Saturdays

www.facebook.com/devoysorganicfarm

DUBLINER CHEESE

Dubliner is an original, award-winning Irish cheese that is named after the city of Dublin, though produced in County Cork. www.dublinercheese.ie

DURRUS CHEESE

Their story began in the early 1970s, when Jeffa Gill bought a small farm on the hillside valley of Coomkeen just above Durrus village in West Cork.

www.durruscheese.com

ELBOW LANE BREW & SMOKE HOUSE

Restaurant combines an in-house nano brewery with a smoke house.

www.elbowlane.ie

FARM FRESH FOODS

Free from colourings and filled with fresh ingredients, they produce unique salads and sauces for both the retail and food service sectors.

www.farmfreshfoods.ie

FITZGERALD'S BUTCHERS

Top class animal welfare is at the heart of everything they do. It's simple, animals that are well looked after will always taste better on the plate.

www.fitzgeraldsbutchers.ie

FIVE FARMS

Exclusively sourced and produced in County Cork, Five Farms is the world's first farm-totable Irish cream liqueur. Five Farms is a true farm-to-table product, crafted from single batches of fresh cream that are combined with premium Irish whiskey within 48 hours of collection to become authentic Irish cream liqueur. The cream is sourced entirely from five family-owned farms in County Cork, run by families that have a deep connection to the land and a passion for their craft.

www.fivefarmsirishcream.com

FOLLAIN

Folláin is the Irish word for wholesome. They love sharing their passion for good food and eating well through their dedication to making delicious preserves.

www.follain.ie

FOOD FOR HUMANS

Food for Humans is a small, chemical free, fruit, vegetable and flower farm in ballinhassig, Cork.

www.foodforhumans.ie

FOXGLOVE COCKTAILS

Made-to-order artisan craft cocktails, using fresh local ingredients. www.foxglovecocktails.ie





FRANCISCAN WELL

Cork's Franciscan Well Brewery and Brew Pub is one of Ireland's longest established and best respected craft breweries. Festival sponsors.

www.franciscanwellbrewery.com

FRANK HEDERMAN'S SMOKERY

Decades of smoking have created the seasoned, blackened surface on the natural wooden panels of the smoke house and the unique atmosphere that gives Hederman smoked salmon its distinctive character and depth of flavour.

www.frankhederman.com

FRESH FISH DELI

Healthy fish pies and traditional West Cork fish cakes hand made with care and the finest local ingredients.

www.freshfishdeli.net

FRUIT HILL FARM

Fruit Hill Farm is Ireland's specialist for environmentally friendly house, farm and garden supplies.

www.fruithillfarm.com

GLENBROOK PORK

Glenbrook Farm provide premium free range pork from their organic farm in Cork. All of their piglets are born into a free range environment with no restrictions on their sows as they farrow.

www.glenbrookfarm.ie

GLENILEN FARM

The only thing added to their delicious yoghurts is their passion for letting a few simple ingredients speak for themselves, everyday goodness.

www.glenilenfarm.com

GLENMAR

High-quality vegetables for restaurants in Cork City, like the award-winning vegetarian restaurant Cafe Paradiso, Irelands premier vegetarian restaurant.

www.glenmarshellfish.com

GORT NA NAIN

High-quality vegetables for restaurants in Cork City, like the award-winning vegetarian restaurant Cafe Paradiso, Irelands premier vegetarian restaurant.

www.gortnanain.com/farm.shtml

GOOKIES

They make gluten free Granola, biscuits and gookie dough.

supervalu.ie/real-people/food-academyprogramme/gookies

GLOUN CROSS DAIRY

Gloun Cross Dairy is a family owned dairy farm in West Cork, which produces farm fresh milk, cream, buttermilk and eggs. www.facebook.com/Gloun-Cross-Dairy-138463216751217/





GREEN SAFFRON

Producers of stunning spice blends, sauces and chutneys from spices sourced by family members in Moradabad, India.

www.greensaffron.com

GUBBEEN

The Smoked Gubbeen is made in Schull, West Cork, from pasteurised cow's milk by the Ferguson Family. A farmhouse cheese gently smoked for a subtle oak smoked flavour.

www.gubbeen.com

THE GOLDEN BEAN

A small coffee roastery based in Shanagarry.

www.thegoldenbean.ie

HANLEY'S PUDDINGS LTD

Award winning black and white pudding, which has originated from their craft butcher shop using a 120 year old recipe. supervalu.ie/real-people/food-academy-

programme/hanleys-puddings

HANNAS BEES

Hanna's Bees is run by Hanna Bäckmo, a Cork-based beekeeper with a relentless passion for edible gardening, nature, and sustainability.

www.hannasbees.ie

HASSETTS

Hassetts produce a range of handcrafted luxury biscuits, cookies, and crackers for the retail and food service markets.

www.hassettsbakery.ie

HAVEN SHELLFISH

Haven Shellfish is a Farm to Fork business. After spending 3 years growing our oysters in mesh bags on trestles on the shoreline of Oysterhaven we harvest, depurate, pack and distribute them to our loyal customers.

www.havenshellfish.ie

HEAVENS CAKES

Heaven's Cakes is a French patisserie with an Irish twist! producing handmade tarts, mousse cakes and bespoke cakes.

www.facebook.com/Heavenscakesirl

HIBERNIA DISTILLERIES (HYDE)

Hyde Irish Whiskey is a multi-award-winning premium range of Irish whiskey matured and finished to perfection in the idyllic landscape and temperate climate of County Cork, Ireland.

www.hydewhiskey.ie

HOBAN'S TREATS

Hobans Treats is the newest dessert shop to hit Cork! Founded out of a passion for food and a frustration of gluten free desserts. www.facebook.com/HobansTreats







HODGIN'S SAUSAGES

A family run business nestling in the Galtee mountains outside Mitchelstown selling these crafted pork sausages, black puddings and white puddings from an old recipe. www.hodginsfoods.ie

IRISH GREEN

Natural liquid spices, flavours designed by nature ...every drop matters! www.irishgreen.ie

IRISH YOGURTS

Irish Yogurts Clonakilty is a family run business making many different varieties of delicious award winning Live yogurts and Crème fraîche since 1994.

www.irish-yogurts.ie

JAMESON IRISH WHISKEY

In 1780, John Jameson established a way of making Irish whiskey that they have been proudly sticking to ever since.

jamesonwhiskey.com

JDS FOODS

A leading international supplier of private label dairy and specialist spreads to the retail sector.

www.jdsfoods.ie

JOE'S FARM CRISPS

Hand-cooked vegetable crisps from Ballycurraginny Farm, Killeagh in Cork. Enjoy beetroot, carrot and parsnip crisps delicately sprinkled with sea salt.

www.joesfarmcrisps.ie

K O CONNELL

Established in Cork's English Market in 1962, Kay O'Connell Fish Merchants supplies quality fish, mainly sourced from Castletownbere.

www.koconnellfish.com

KEOHANE SEAFOODS

They supply both fresh and frozen products to the national and export markets, as well as local restaurants and hotels.

www.keohaneseafoods.ie

KILDINAN FARM

An Organic farm located in the hills surrounding Ballyhooly in North Cork. supervalu.ie/real-people/food-academyprogramme/kildinan-farm

KILLAHORA ORCHARDS

Everything is handmade on site with 100% fresh apple and pear juice, allowing products to mature for up to a year to get the most complexity of flavour.

www.killahoraorchards.ie

KINSALE BAY FOOD COMPANY

Kinsale bay food company produces Glutenfree food products for local Farmer's market and food markets throughout West Cork. www.kinsalebayfoodco.com





KINSALE SPIRIT CO.

Kinsale Gin, Red Earl Blended, Great Earl Single Grain, Spanish Earl Single Malt, and the Wild Atlantic Irish Whiskeys (IPA and Rechar barrel finish).

www.kinsalespirit.com

KINSALE HONEY HOUSE

Delicious natural raw honey foraged by their own bees from the native coastal hedgerows around the beautiful town of Kinsale. An unpasteurised, unfiltered superfood.

www.facebook.com/KinsaleHoneyHouse

KINSALE MEAD COMPANY

Four award-winning meads are judged as among the best in the world, full of delicious flavours, embodying the modern, refined style of mead making, refreshingly different and versatile.

www.kinsalemeadco.ie

LE KIOSK

Le kiosk Afro-Carribbean Street food is an African and Caribbean fusion food business taking its influences from different African street foods cultures and fusing it with best recipes from around the Caribbeans with a twist.

> www.facebook.com/p/Le-Kiosk-100063671794355/

LISHEEN GREENS

Lisheen Greens produce fresh, chemical free vegetables and salads grown on their family farm and served from their stall at the weekly Skibbereen farmers market.

www.instagram.com/lisheengreens

LONGUEVILLE HOUSE BEVERAGES

William O'Callaghan and his father Michael before him have been fermenting exceptional craft cider and distilling Ireland's only Apple Brandy now for almost 35 years.

www.longuevillebeverages.ie

LOST VALLEY DAIRY

A farmhouse cheese producer, milking their own cows and making cheese, butter and yoghurt from that milk. They primarily make two cheeses, Carraignamuc & Sobhriste. www.thelostvalleydairy.com

LUSSO HANDMADE PRODUCTS

Local artisan producer of handcrafted cakes and handmade chocolate art. www.lussocork.ie

MAC EOIN HONEY FARM

Mac Eoin Honey is a family run business supplying beekeepers with equipment, advice, and most importantly honey for over 40 years.

www.maceoinhoney.com

MACROOM BUFFALO MOZZARELLO

In October 2009, Johnny purchased 31 Buffaloes from Italy and was the first milking herd of Buffalo in Ireland. He now has a herd of over 200 animals on 150 acres.

www.macroombuffalocheese.com





MACROOM OATMEAL MILLS

Macroom Oatmeal is a traditional stoneground Irish oatmeal produced in Macroom, County Cork, Ireland, at Walton's Mill, the last surviving stone mill in Ireland.

www.ardkeen.com/collections/macroomoatmeal-mills

MAHER'S COFFEE & CO LTD

Mahers Coffee is a name synonymous with coffee in Cork for many generations. www.maherspurecoffee.ie

MALAY KITCHEN

Experience the rich spices and aromas of Malaysian cuisine in your own kitchen in these Rendang & Massaman curry pastes and Pad Thai sauce. Without MSG or artificial additives.

www.malaykitchen.ie

MAMABEAR FOODS

Using only the best natural ingredients, keeping the sugar content down. www.mamabearfoods.ie

MELLAS FUDGE

Mella started making fudge with her mother in their kitchen at home in Bantry back in the 80s,, a unique crumbly buttery fudge. Produced today using small batch table top cookers to give that original taste.

www.mellasfudge.com

MEALAGULLA ORCHARD

The fruit that goes into each bottle of Mealagulla Apple Juice is grown in Ovens, just outside Cork city. It is hand-picked, freshly pressed, blended, pasteurised and bottled on the farm to produce a refreshing natural drink.

www.sensasianfood.com/mealagullaorchard

MCCARTHY'S NATURAL DAIRY

A family-run dairy in Kilnamartyra producing all-natural ingredients that are free from artificial colours, flavourings or preservatives. Their products are also gluten and sugarfree. They are the only producer of Labneh in Ireland.

MILLEENS CHEESE

Milleens is a soft, washed-rind farmhouse cheese made from cows milk on the rugged Beara peninsula of South West Ireland. www.milleenscheese.com

MILSEAN CHOCOLATE

Milsean Chocolat is an artfully crafted, artisanal collection of single origin chocolates created by a multi-award winning chocolatier in west Cork.

www.milsean.com

MOLAGA HONEY

Molaga Honey is a 4th generation, family run business based in Timoleague, in scenic West Cork. Set up in the 1860s, it was built upon passion, excellence and quality. www.molagahoney.ie







MO WILDE

Monica is a forager, research herbalist and ethnobotanist. She lives and teaches about wild food, wild medicine, wild living and is well known for her seaweed foraging. www.monicawilde.com

MURPHY'S BUTCHERS

Murphy's Butchers Midleton is a familyrun business, providing top quality local meat from the farmers of East Cork, while maintaining the ,farm to fork' model. facebook.com/

murphybutchersmidleton

MURPHYS ICE CREAM

Ice Cream made naturally, locally and truthfully in Dingle since 2000. www.murphysicecream.ie

MY GOODNESS LTD

Vegan food company specializing in living, probiotic products.

www.mygoodnessfood.com

NARMADA ORGANICS

Narmada Organics supplies organic vegetables and herbs to shops, restaurants and market stall holders in the immediate area and in Cork city. Main crops include lettuce, salad leaves, tomatoes, courgettes, leeks, aubergines, chillies, basil and parsley. www.organictrust.ie/members/ growers/narmada-organics

NATURE REBEL APOTHECARY

Apothecary - Naturopath Herbalist MSc Nutrition; specializing in Wild Fermented Foods, Herbal Teas, Remedies & more.

www.aprildanann.com

NOHOVAL DRINKS CO.LTD/ STONEWELL CIDER

Traditional Irish cider makers and Ireland's only Supreme Champion premium cider. Made with only fresh apple juice, it is free of all artificial additives & colourings.

www.stonewellcider.com

NORTH CORK CREAMERIES

Established in 1928, North Cork Creameries is a farmer owned co-operative producing a range of value-added food ingredients and delicious dairy products.

www.northcorkcreameries.com

Ó CRUALAOI BUTCHERS

The Ó Crualaoí family name has long been associated with a strong appreciation for premium quality food and naturally delicious fresh Irish meat.

www.ocrualaoi.com

O'CONAILL CHOCOLATE

A range of milk, white and dark chocolate bars, handmade and hand wrapped with traditional methods.

www.oconaillchocolate.ie







OGAM KOREAN BY JAY CHOI

Korean BBQ

www.ogamk.com

O FLYNN'S GOURMET SAUSAGES

Established in 1921, the third generation Sausage Maker pride themselves onflavourful food which has been feeding the people of Cork for over 10 decades.

www.oflynnsgourmetsausages.ie

O'HERLIHY'S BACON LTD.

O'Herlihy's Bacon Ltd. has been involved in the pig-meat business since 1961. They are a family-owned business located in Ballincollig. www.oherlihysbacon.com

O'KEEFFE'S BAKERY

The O'Keeffe bakery is a family business established in 1984 to produce handcrafted artisan breads for the people of Cork. www.okeeffesbakery.ie

O'MAHONYS BUTCHERS

A family business supplying high quality local meat for over 40 years, from inside The English Market in Cork City. www.omahonysbutchers.com

ON THE PIGS BACK (LA CHARCUTERIE)

Fine Food Supplier of Farmhouse Cheeses, Charcuterie and Irish Artisan Food. French Farmhouse Cheeses and Gourmet Food. Award winning Irish Artisan Producer of Patés and Terrines, and Cooked Meat. www.onthepigsback.ie

OTOFU

Organic tofus, handmade in Kilbrittain using an age-old process and recipe. Their marinated options, Korean Chilli Tofu and Miso Sesame Tofu are great for an extra kick of flavour.

www.otofu.ie

PANA BREADS

Artisan Bakery

facebook.com/panabread

PRALINE PASTRY LTD.

Praline serves high quality pastries and cakes and coffee for every day treats and special occasions.

www.praline.ie

REBEL CITY DISTILLERY LTD IRLANDAISE

Rebel City Distillery, home of multi-awardwinning Maharani Gin & the only Irish Absinthe.

www.rebelcitydistillery.com

RIVERVIEW EGGS

Riverview Eggs is the largest producer, packer, and distributor of Bord Bia Quality Assured eggs in Munster.

www.rivervieweggs.ie

ROSSCARBERY RECIPES

Using Irish pork, they produce a range of sausages; dry cure bacon & ham; and black and white pudding in our processing unit in Rosscarbery.

www.rosscarberyrecipes.ie





SATURDAY PIZZAS

Pizzas made by real people, not machines, they hand-stretch our delicious dough and add fresh toppings, before firing up the pizzas in a rotating gas and wood oven. www.saturdaypizzas.com

SEYMOURS OF CORK, SHORTBREAD BISCUITS

Since 2006, they've produced homemade shortbread biscuits in their bakery in West Cork, using fresh creamery butter from their cows.

www.seymours.ie

SHANDON SWEETS

Sweets handmade using traditional methods & original machinery, which date back to the early 1900's. The process hasn't changed much over the years and to this day everything is still made by hand.

www.shandonsweets.com

SHELLFISH DE LA MER

Ireland's leading Seafood Processors, we are a family-run business dealing in both Domestic and International markets, established in 1987.

www.shellfishireland.com

SILVER PAIL DAIRY

Silver Pail Diary was formed with the mission to create great tasting, smooth and creamy Irish ice cream using the very best raw materials.

www.silverpail.com

SKEAGHANORE DUCK

Their breed of duck is Pekin duck. Because they live so close to Roaring Water bay, the salt air effects adds to the texture of the duck giving a salt marsh flavour.

www.skeaghanore.ie

SPICE O LIFE LTD.

Spice O' Life Limited manufactures dry seasoning blends to liquid sauces, marinades, and dressings, to ready-to-use finished prepared consumer foods.

www.spiceolife.ie

ST PATRICK'S DISTILLERY LTD.

All of their whiskeys commence maturation in first fill bourbon barrels, finished in in either port, sherry, or cognac casks.

www.stpatricksdistillery.ie

THE BAKING EMPORIUM

A family-run business based in West Cork and with the help of our staff of eight we supply all of Co. Cork (and in some cases beyond) with freshly baked goods and delicious treats.

www.bakingemporiumltd.com

THE CULTURED FOOD COMPANY

The Cultured Food Company produces a range of artisan raw and organic Sauerkraut's, Kimchi and Fermented beetroot products. www.culturedfoodco.ie





THE CHOCOLATE SHOP

Trading from a stall in the iconic English market, in the heart of Cork City since 2000, the chocolate shop is a 100% Irish & family run small business. Their premium chocolate range is carefully selected from the best chocolate in Ireland and throughout the world.

www.chocolate.ie

THE HUNGRY CROW

Joyously decadent chocolates created with integrity by Niamh O'Reilly in Clonakilty, West Cork.

www.hungrycrow.ie

THE FRESH FISH DELI

The freshest fish straight off the boats of West Cork! Find their range of Fish Cakes & Fish Pies in your local Super Valu, Centra, Dunnes Stores & Tesco.

www.freshfishdeli.net

THE GOOD DAIRY COMPANY

Artisan ice-cream using milk and cream from its pure-bred pedigree Friesian Cows on its dairy farm in Nohoval, Kinsale.

> www.facebook.com/ thegooddairycompany

THE GOOD FISH COMPANY

One of the largest fish processors in Ireland, produced in Carrigaline.

www.goodfish.ie

THE SKIBBEREEN FOOD COMPANY

The Skibbereen Food Company is a quality food company that has a unique savory pork crackling snack "Scratch My Pork". www.skibbereenfoodco.com

TOM DURCAN SPICED BEEF

High quality fresh, Irish sourced prime quality meat and renowned for their spiced beef.

www.tomdurcanmeats.ie

TORY TOP CHOCOLATE

Brand new to 36 Marlboro St. Cork, opening later this year. Tory Top Chocolate provides vegan-friendly and sustainably made chocolate.

> www.instagram.com/ torytopchocolate/?hl=en

TOONS BRIDGE DAIRY

Toons Bridge Dairy, sister company to The Real Olive Company, was established in 2011 in response to the real appetite for fresh Mozzarella amongst customers.

www.toonsbridgedairy.com

TWOMEY BUTCHERS

Michael Twomey Butchers traditional family run butcher, based Macroom, supplying high quality fresh Irish meat online, sourced locally in West Cork Ireland

www.mtwomeybutchers.ie

UMMERA

For nearly forty years Ummera has built up an enviable reputation for producing some of the finest smoked salmon available.

www.ummera.com

UNION HALL SMOKED FISH

Established in 1987 "Union Hall Smoked Fish" is a family business that produces pate and fish, run by the Nolan family, situated in the fishing village of Union Hall.

www.unionhallsmokedfish.com





VELO COFFEE ROASTERS

Velo Coffee Roasters was established in 2017, in a Cork City centre café.

www.velocoffee.ie

VOLCANO PIZZA

Made from their our own dough and sauce, freshly grated cheese, their own japapeños and even their own wood-fired pizza ovens. www.volcano.ie

WASI - WILD ATLANTIC SEAWEED

At Wild Atlantic Seaweed Ireland, their Irish Seaweed products are the marriage of the wholesome produce of the land to the vitality of the ocean.

www.wasi.ie

WEST CORK BISCUITS

Fine Irish ingredients are at the heart of their biscuits: Irish butter, free-range eggs from a small West Cork farm, top-quality oats, and many other natural products sourced here in Ireland.

www.regale.ie

WEST CORK BREWING

The nano-brewery is based in Casey's of Baltimore, Hotel and brews three beers, Sherkin Lass a citrussy Pale Ale 4.4%, Roaring Ruby Dark Red Ale 4.4% and Stout X Stout West a chocolate porter 4.3%.

www.westcorkbrewingco.ie

WEST CORK COFFEE

West Cork Coffee is an Independent Specialty Coffee Roastery based in West Cork, Ireland.

www.westcorkcoffee.ie

WEST CORK DISTILLERS

West Cork Distillers is one of the largest distilleries in Ireland. The whiskey distillery is home to a range of craft West Cork Irish Whiskey.

www.westcorkdistillers.com

WEST CORK EGGS

An award winning free range egg company just outside Rosscarbery, West Cork. www.facebook.com/westcorkeggs

WEST CORK GARLIC

West Cork Garlic are producers of premium garlic, shallots and onions, based and grown on rich fertile soil in Ballynacarriga and Enniskeane, West Cork.

www.westcorkgarlic.com

WHITE DEER BREWERY

White Deer Brewery is the creator of the highest quality Irish beers, all made with local Irish ingredients. Brewed, bottled & Kegged in ...

www.9whitedeer.ie

WILD BERRY BAKERY

Indulgent treats. Made using the very best of ingredients. We specialise in creating delicious, gluten-free cake slices which can be enjoyed by all

www.wildberrybakery.com

