

#### A Good Mood Food

A Good Mood Food creates flavoursome and healthy dips, made with real ingredients sourced locally.

www.agoodmoodfood.ie

### Annabella Farm

Annabella Farm Mallow specialises in freshly picked, certified organic produce

www.supervalu.ie/real-people/food-academy-programme/annabella-farm

### **Athula's Fusion Foods**

Athula Fusion Foods is a multi-award-winning family business based in Cork, Ireland.

Athula's peri peri sauces range is the very first peri peri in Ireland.

www.agoodmoodfood.ie

#### **Arbutus Breads**

We are a wholesale Artisan Bakery using traditional methods. Based in Cork we supply locally and nationally.

www.arbutusbread.com



### **Ardsallagh Cheese**

Ardsallagh Cheese are a family business who make high quality, handmade, natural goats cheese. They work tirelessly to ensure that Ardsallagh goats are happy and healthy.

www.ardsallagh.ie

### Ballinwillin House Farm's venison

Ballinwillin House Farm is an organic farm situated in the heart of the Golden Vale in North Cork, Ireland. We are a family business and have a magnificent herd of organic fed deer for over 20 years. Our organic venison meat has won awards all over the world and we are internationally recognised for our quality and taste.

www.visitballyhoura.com/explore/ballinwillin-house-b-b

# **Ballycotton Seafood**

Ballycotton Seafood is a family owned and run fish and seafood business, offering a huge array of fresh fish from our boats to your table.

www.ballycottonseafood.ie

# **Ballyhoura Apple Farm**

Fruit & Vegetable Juices & Raw Apple Cider Vinegar.

www.ballyhouraapplefarm.com



## **Ballymaloe Country Relish**

Using the original recipe of tomatoes, sultanas and a carefully picked blend of spices, Ballymaloe Original Relish has been produced for over 30 years. It has become not only a great relish for cheeses, cold meats and salads, but also a staple ingredient in many family recipes.

www.ballymaloefoods.ie

#### Banana Melon Cheeze

Plant-based food start-up that believes in fuelling your body right. We cater, do pop-up restaurants, vegan food products and nutritionally-focused meal delivery.

www.bananamelonkitchen.com

#### **Bandon Vale**

Suppliers of quality cheese solutions for the retail and foodservice markets, Bandon Vale is ideally located at the heart of the rich dairy producing region of West Cork, Ireland.

www.bandonvale.ie

### **Barry's Tea**

The number one Irish blended tea. We make the tea, you make the moments.

www.barrystea.ie



### **Beara Distillery**

Standing proud on Ireland's Wild Atlantic Way in Kinsale, Co. Cork, we are Blacks, Ireland's first co-located Brewery & Distillery. Explore our range of craft beers & boutique spirits.

www.thebearadistillery.ie

#### **Bertha's Gin**

Bertha's Revenge Gin is a tapestry of good fortune, endeavour and passion. Funnily enough, our gin took about 10 months from conception to birth, not a dissimilar length of time to the average gestation period for a cow!

www.ballyvolanespirits.ie

### **Blacks Brewery**

Standing proud on Ireland's Wild Atlantic Way in Kinsale, Co. Cork, we are Blacks, Ireland's first co-located Brewery & Distillery. Explore our range of craft beers & boutique spirits.

www.blacksbrewery.com





### **Bluebell Falls Goat Cheese**

Bluebell Falls Goats Cheese is since 2003 a multi award-winning handmade, soft cheese made from goat's milk with a deliciously creamy taste and texture. This 100% Irish product is produced close to Charleville in County Cork.

www.bluebellfalls.com/

#### Bó Rua Farm

Bó Rua Farm farmhouse cheese is made on our family farm using traditional methods from the freshest cows milk.

www.boruafarm.ie

#### **Burrito Addict**

Burrito Addict brings authentic Mexican and Tex-Mex burritos to Irish street markets and catering events.

www.thebearadistillery.ie

#### Café Velo

One of Cork's best cafes located in the heart of the City Centre. Serving freshly baked goods with the finest coffee beans.

www.cafevelo.ie



# **Caherbeg Free Range Pork**

Caherbeg Free Range Pork products are all made from pork from our own herd of free range outdoor pigs on the farm in Caherbeg, Rosscarbery.

www.facebook.com/Caherbeg-Free-Range-Pork-Ltd

### Casanova Gelato

Casanova Gelato is the first Authentic Gelato Place in Cork. Proudly following the Italian Gelato Tradition by choosing the highest quality fresh ingredients to give our GELATO a unique taste.

www.casanovagelato.ie

#### **Clona west Cork**

Clóna West Cork Foods is a chilled and ambient food distribution company serving the Munster region. The company was established in 1999 and employs 17 people.

www.<u>clonawestcorkfoods.ie</u>





# **Clonakilty Black Pudding**

This family business has been making black pudding since the 1880s and the secret receipe has been passed down from generation to generation. Their collection now also includes Whitepudding, Rashers, Sausages and most recently Veggie Pudding.

www.clonakiltyblackpudding.ie

## **Clonakilty Chocolate**

We like to keep things simple. Cacao is good, it tastes good and it is full of goodness. We take good cacao and use it to make good chocolate.

www.<u>explodingtree.com</u>

### **Clonakilty Gluten Free Kitchen**

Introducing The Clonakilty Gluten Free Kitchen, a little artisan bakery on a mission to show the world you don't need gluten for amazing flavou

supervalu.ie/real-people/food-academy-programme/clonakilty-gluten-free-kitchen

### **Coolmore Foods**

Coolmore first began baking cakes in 1988 in an old family farmhouse in West Cork, an area famous for its delicious artisan food products.

www.coolmorefoods.ie



## **Cork Chilli Company**

At Cork Chilli Company we produce high quality, award-winning chilli sauces made from fresh chillies grown right here in Cork. We produce sauces with a large variety of flavours and heat levels to suit all tastes.

www.corkchillicompany.com

## **Cotton Ball Brewing Co**

With the intention of providing our customers with greater choice and quality artisan beers, we founded the Cotton Ball Brewing Company in late 2013.

www.cottonball.ie

#### Cultured food Co.

Based in the heart of West Cork, The Cultured Food Company is reviving the ancient art of hand crafted live fermented foods for gut health and well being

www.culturedfoodco.ie

### **DeRoiste Puddings**

Breakfast Meat & Puddings

www.deroistefoods.ie





#### **Dubliner Cheese**

Dubliner is an original, award-winning Irish cheese that is named after the city of Dublin, though produced in County Cork. Developed by Irishman Jhon Lucey, the cheese is made from pasteurised cow's milk and is available in a number of varieties and flavours.

www.dublinercheese.ie

### **Durrus Cheese**

Our story begins in the early 1970s, when Jeffa Gill bought a small farm on the hillside valley of Coomkeen just above Durrus village in West Cork. She set about rebuilding the tumbling-down farmhouse, growing vegetables and milking cows

www.durruscheese.com

#### **Elbow Lane Brew & Smoke House**

Restaurant combines an in-house nano brewery with a smoke house serving exciting food and drinks and BBO sauce

www.elbowlane.ie

### Farm Fresh Foods

Farm Fresh Foods are the perfect complement to any meal. Free from colourings and combining fresh ingredients with our distinctive recipes we produce unique salads and sauces for both the retail and food service sectors.

www.farmfreshfoods.ie



# Fitzgerald's Butchers

Top class animal welfare is at the heart of everything we do. It's simple, animals that are well looked after will always taste better on the plate.

www.fitzgeraldsbutchers.ie

### **Follain**

Folláin is the Irish word for wholesome. We love sharing our passion for good food and eating well through our dedication to making delicious preserves.

www.follain.ie

# **Foxglove Cocktails**

Made-to-order artisan craft cocktails, using fresh local ingredients.

www.foxglovecocktails.ie





#### **Franciscan Well**

Cork's Franciscan Well Brewery and Brew Pub is one of Ireland's longest established and best respected craft breweries.

www.franciscanwellbrewery.com

# Frank Hederman's smokery

Decades of smoking have created the seasoned, blackened surface on the natural wooden panels of the smoke house and the unique atmosphere that gives Hederman smoked salmon its distinctive character and depth of flavour.

www.frankhederman.com

#### Fresh Fish Deli

Whether you are preparing for a large get together, or a regular dinner after a long hard day in work, choose healthy fish pies, choose traditional West Cork fish cakes. Our products are hand made with care and have the finest local ingredients.

www.freshfishdeli.net

### **Glanmire Fine Irish Foods**

Vegan Selection





#### **Glenilen Farm**

The only thing added to our delicious yoghurts is our passion for letting a few simple ingredients speak for themselves, providing you with simple, everyday goodness.

Glenilen Farm – Everyday Goodness

### **Gloun Cross Dairy**

Gloun Cross Dairy is a family owned dairy farm in the rolling West Cork Countryside. Our farm fresh milk, cream, buttermilk and eggs are produced and delivered by us.

www.facebook.com/Gloun-Cross-Dairy-138463216751217/

#### Gookies

We make granola, biscuits and of course our own gookie dough. Our mission is to create a range of gluten free bakery products that enliven the world of the gluten free culinary experience.

supervalu.ie/real-people/food-academy-programme/gookies

#### **Green Saffron**

Green Saffron is a multi-award-winning family business based in Cork, Ireland. We passionately produce stunning spice blends, sauces and chutneys from spices sourced by family members in Moradabad, India. We proudly call Arun our 'Head Masaalchi', our resident spice-expert.

www.greensaffron.com



# Gubbeen

It is a 250 acre coastal farm in West Cork one mile outside the fishing village of Schull, the Atlantic Ocean bordering one boundary and Mount Gabriel to the North as a back drop behind the land, sheltering the pasture that has always supported the Gubbeen herd.

www.gubbeen.com

### **The Golden Bean**

Welcome to the home of The Golden Bean. We are a small coffee roastery based in Shanagarry, Cork. We care deeply about every bean we roast and every cup of coffee we make and here you can find out much more about who we are and what we do.

www.thegoldenbean.ie





# **Hanley's Puddings Ltd**

Here at Hanleys we produce the best multiple award winning black and white pudding, which has originated from our craft butcher shop using a 120 year old recipe.

supervalu.ie/real-people/food-academy-programme/hanleys-puddings

#### **Hassetts**

Hassetts produce a range of handcrafted luxury biscuits, cookies, and crackers for the retail and food service markets.

www.hassettsbakery.ie

### **Healthy You**

The company's ethos is to supply healthy, nutritious food products that help to aid and maintain optimum nutrition, in conjunction with, and supportive of, a healthy lifestyle. These salads may be enjoyed on their own or as meal components with vegetables, rice, quinoa

www.seaweedsalads.ie

# Hodgin's Sausages

Hodgins Foods is a family run business nestling in the Galtee mountains outside Mitchelstown. Mervin, started life as a craft butcher making his own pork sausages based on a time honoured recipe passed down through generations of butchers. Mervin selling these pork sausages, black puddings and white puddings to his own customers.

www.hodginsfoods.ie



#### Hola Kombucha

HOLO Kombucha is certified organic, raw, non-gmo, packed with goodness, vegan and delicious. Produced in small batches, HOLO is hand crafted and packaged in a brewery. They don't filter or pasteurise their Kombucha – it is real, authentic kombucha brewed the way nature intended.

www.holo.ie/kombucha/

#### **Horizon Farms**

A small family farm a few miles outside Kinsale that mainly grows mixed salad leaves for the local community and restaurants. They grow using natural methods and dedicate at least 10% of the farm to feeding and providing shelter for as many native insects, pollinators and small wild birds. They built a 200 square meter pond on the farm a few years ago which is full of wildlife year round.

supervalu.ie/real-people/food-academy-programme/horizon-farms

#### **IncrEdible Flowers**

IncrEdible Flowers offers a healthy, exciting and delicious alternative to sending flowers.

www.incredibleflowers.ie

### Irish Atlantic Sea Salt

Pure and natural gourmet sea salt flakes from West Cork. The O'Neill family lovingly produce Irish Atlantic Sea Salt flakes at their home on the ruggedly beautiful Beara Peninsula, West Cork, Ireland.

www.irishatlanticsalt.ie



#### **Irish Green**

Natural liquid spices, flavours designed by nature ...every drop matters!

https://www.irishgreen.ie/

### **Irish Yogurts**

Irish Yogurts Clonakilty is a family run business making many different varieties of delicious award winning Live yogurts and Crème fraîche since 1994.

www.irish-yogurts.ie

# Jameson Irish Whiskey

In 1780, John Jameson established a way of making Irish whiskey that we've been proudly sticking to ever since.

jamesonwhiskey.com

# **JDS Foods**

A leading international supplier of private label dairy and specialist spreads to the retail sector. They also produce a wide range of products specifically developed for the bakery and food services sectors.

https://jdsfoods.ie/



# Joe's Farm Crisps

Hand-cooked vegetable crisps from Ballycurraginny Farm, Killeagh in Cork. Farmer Joe Burns and his wife Sandra have come up with an innovative way to add value to the produce on their farm, resulting in beetroot, carrot and parsnip crisps delicately sprinkled with sea salt which are deliciously crunchy and full of – flavour.

www.joesfarmcrisps.ie

#### **Keohane Seafoods**

Our versatility is evident in the fact that we supply both fresh and frozen products to the national and export markets, as well as local restaurants and hotels.

keohaneseafoods.ie

### Kepak

Kepak is one of Ireland's leading meat producers with 15 manufacturing plants in Ireland and the UK. Meat craft, trusted quality and excellent service are the pillars of our proud heritage.

www.kepak.com

### Kildinan Farm

Organic Vegetables

supervalu.ie/real-people/food-academy-programme/kildinan-farm



#### Killahora Orchards

Founded by two cousins, Barry Walsh and Dave Watson, with the goal of growing the best rare apple and pear varieties on our Irish soil and to use artisanal & sustainable techniques to turn them into award winning drinks.. Everything is handmade on site with 100% fresh juice and they take their time, allowing products to mature for up to a year to get the most complexity of flavour.

www.killahoraorchards.ie

## **Kinsale Bay Food Company**

Kinsale bay food company originated in Kinsale in 2010 when it was known as the Blue Haven food company producing Gluten-free food products and selling those food products at the local Farmer's market and food markets throughout West Cork.

www.kinsalebayfoodco.com

# Kinsale Spirit Co.

Kinsale Spirit Company characterises what is best about Kinsale, one of Ireland's most vibrant and beautiful coastal towns.

www.kinsalespirit.com

# **Kinsale Honey House**

We produce delicious natural raw honey foraged by our own bees from the native coastal hedgerows around the beautiful town of Kinsale. Our honey is unpasteurised, unfiltered retaining all its natural properties. A real superfood

www.facebook.com/KinsaleHoneyHouse



# **Kinsale Mead Company**

FOur award-winning meads are judged as among the best in the world, full of delicious flavours, embodying the modern, refined style of mead making, refreshingly different and versatile.

www.kinsalemeadco.ie

# Longueville House Beverages

William O'Callaghan and his father Michael before him have been fermenting exceptional craft cider and distilling Ireland's only Apple Brandy now for almost 35 years.

www.longuevillebeverages.ie

#### **Lusso Handmade Products**

Local artisan producer of handcrafted cakes and handmade chocolate art.

www.lussocork.ie

### **Macroom Buffalo Mozzarello**

In October 2009, Johnny purchased 31 Buffaloes from Italy and was the first milking herd of Buffalo in Ireland. He now has a herd of over 200 animals on his 150 acre farm based in Cill na Martra near Macroom in County Cork and the animals are thriving in the Irish environment.

www.macroombuffalocheese.com

#### Maher's Coffee & Co Ltd

Mahers Coffee is a name synonymous with coffee in Cork for many generations. Mahers Coffee was acquired by John and Mary Mackey in 1991. We operate in two markets. The Wholesale division supplying restaurants and cafes all over Munster, and we sell our beans, teas and accessories in our retail unit in 25 Oliver Plunkett Street, Cork.

www.maherspurecoffee.ie



### **Malay Kitchen**

We're Elle and Norza, founders of Malay Kitchen. We began our culinary venture when we opened the doors of our first restaurant in Kinsale in 2014.

www.malaykitchen.ie

### **MamaBear Foods**

MamaBear Foods began in my kitchen in Cork in 2018 when I began making a healthier version of ketchup for my children. From day one we have been about using only the best natural ingredients, keeping the sugar content down.

www.mamabearfoods.ie

### **Mellas Fudge**

Mella started making fudge with her mother in their kitchen at home in Bantry back in the 80s, and after much experimenting and trying every recipe they could find, they decided on the very best recipe, that produces our unique crumbly buttery fudge. Today, using small batch table top cookers, it's possible to make the fudge in a similar way to produce that original taste.

www.mellasfudge.com





# **Mealagulla Orchard Apple**

Mealagulla Orchard, in the heart of Ovens, converted their family farm from dairy production to growing beautiful apples in 2008, they have 18,000 trees growing eating and desserts apples, they also produce their own honey that pollinate around the orchard, you can find them in local farmers market, selling their beautiful apples, apple cider vinegars, and delicious apple juice!

# McCarthy's Natural Dairy

McCarthy's Natural Dairy is a family-run dairy in Kilnamartyra. hey have been producing cow's milk for over 200 years. They use all-natural ingredients without using any artificial colours, flavourings or preservatives. Their products are also gluten and sugar-free and so are suitable for coeliac and diabetic diets. They are the only producer of Labneh in Ireland.

#### **Milleens Cheese**

Milleens is a soft, washed-rind cheese made from cows milk on the rugged Beara peninsula of South West Ireland. The complex and delicate cheese is made from the milk of Friesian cows grazing the mountains and pastures of the peninsula. Milleens is the longest established Irish farmhouse cheese.

www.milleenscheese.com





#### Milsean Chocolate

Milsean Chocolat is an artfully crafted, artisanal collection of single origin chocolates created by a multi-award winning chocolatier in west Cork.

Milsean - Chocolates

### My Goodness Ltd

Vegan food company specializing in living, probiotic products

www.mygoodnessfood.com

#### **NetiCakes**

Creating handcrafted custom cakes and pastries for all occasions

www.neticakes.ie

### Nohoval Drinks Co.Ltd/Stonewell Cider

We have a small full-time team of traditional Irish cider makers here at Stonewell. Myself, Daniel, principal cider maker and apparently general run around. Géraldine, herself who keeps us on our toes! Géraldine runs the books and is also a dab hand at marketing and new media, and occasionally seen at the more exotic festivals! Ed joined us in 2018 and is one of our key traditional cider makers.

www.stonewellcider.com



#### **North Cork Creameries**

Established in 1928, North Cork Creameries is a farmer owned co-operative processing over 315 million equivalent whole milk litres a year into a range of value-added food ingredients and delicious dairy products.

www.northcorkcreameries.com

### Ó Crualaoi Butchers

The Ó Crualaoí family name has long been associated with a strong appreciation for premium quality food and naturally delicious fresh Irish meat. More than a local butchers, more than a delicatessen; Part of the local community since 1957

www.ocrualaoi.com

### O Flynn's Gourmet Sausages

Established in 1921, we are third generation Sausage Maker's and pride ourselves on our quality service and flavourful food which has been feeding the people of Cork for over 10 decades.

www.oflynnsgourmetsausages.ie

#### O'Conaill Chocolate

We make a range of milk, white and dark chocolate bars. We handmake and handwrap our chocolates and bars according to traditional methods. Available in our shops in Cork and in select independent foodstores nationwide.

www.oconaillchocolate.ie



# O'Herlihy's Bacon Ltd.

O'Herlihy's Bacon Ltd. has been involved in the pig-meat business since 1961. We are a family-owned business located in Ballincollig.

www.oherlihysbacon.com

### O'Keeffe's Bakery

The O'Keeffe bakery is a family business and was established in 1984 to produce handcrafted artisan breads for the people of Cork. The business has one of the most innovative bakeries in the country developing and marketing new bakery technology.

www.okeeffesbakery.ie

# O'Connell's Fishmongers

Established in Cork's English Market in 1962, Kay O'Connell Fish Merchants has earned a great reputation for doing the simple things well. The founder, Kay O'Connell's commitment to supplying quality fish meant daily trips to Castletownbere on the Beara Peninsula in West Cork, a good three hour drive away from the city centre.

www.koconnellfish.com

# On The Pigs Back (La charcuterie)

Fine Food Supplier of Farmhouse Cheeses, Charcuterie and Irish Artisan Food. French Farmhouse Cheeses and Gourmet Food. Award winning Irish Artisan Producer of Patés and Terrines, and Cooked Meat.

www.onthepigsback.ie



#### **OTOFU**

Our organic tofus, are handmade in Kilbrittain, West Cork using an age-old process and recipe and we don't compromise on taste. Our marinated options, Korean Chilli Tofu and Miso Sesame Tofu are great for an extra kick of flavour.

www.otofu.ie

#### **Panna Breads**

Our organic tofus, are handmade in Kilbrittain, West Cork using an age-old process and recipe and we don't compromise on taste. Our marinated options, Korean Chilli Tofu and Miso Sesame Tofu are great for an extra kick of flavour.

www.otofu.ie

## **Praline Pastry Ltd.**

Praline serves high quality pastries and cakes and coffee for every day treats and special occasions.

www.praline.ie

#### **Rebel Chilli**

Rebel Chilli brings you sauces that are bursting with fresh flavours and real heat. Result? The best sauce in the country!

www.rebelchilli.com

# Rebel City Distillery Ltd Irlandaise

Rebel City Distillery, home of multi-award-winning Maharani Gin & the only Irish Absinthe.

www.rebelcitydistillery.com





#### Riceflour

Riceflour bakery is a small dedicated Gluten-Free and Allergy Conscious commercial kitchen in the heart of Cork!

www.riceflourbakery.com

### **Riverview Eggs**

Riverview Eggs is the largest producer, packer, and distributor of Bord Bia Quality Assured eggs in Munster.

www.rivervieweggs.ie

#### Rocketman

The Rocket Man is street food company who has a salad bar in cork city, does farmer's markets and events.

# **Rosscarbery Recipes**

Using Irish pork, we produce a range of sausages; dry cure bacon & ham; and black and white pudding in our processing unit in Rosscarbery.

www.rosscarberyrecipes.ie



### **Saturday Pizzas**

At Saturday Pizzas our products are made by real people, not machines. A vast difference between us and other manufacturers. We hand-stretch our delicious dough and add fresh toppings, before firing up the pizzas in a rotating gas and wood oven.

www.saturdaypizzas.com

# Seymours of Cork, shortbread biscuits.

Since 2006, we've produced homemade shortbread biscuits in our bakery in West Cork, Ireland, using fresh creamery butter from our cows - a unique feature of our award-winning shortbread.

Seymours Irish Shortbread - Handmade Shortbread Biscuits

#### **Shandon Sweets**

Our sweets are handmade, using traditional methods & original machinery, which date back to the early 1900's. The process hasn't changed much over the years and to this day everything is still made by hand.

Sweet Shop | Shandon Sweets | County Cork

### Shellfish Ireland

"Shellfish Ireland's strategy for growth is based on a long-term commitment to product quality and customer service. We are one of Ireland's leading Seafood Processors in Domestic and International markets operating from our own state of the art processing plant in Castetownbere, West Cork."

Home - Shellfish Ireland



### **Silver Pail Dairy**

Silver Pail Diary was formed with the mission to create great tasting, smooth and creamy Irish ice cream using the very best raw materials.

www.silverpail.com

### **Skeaghanore Duck**

Our breed of duck is Pekin duck, because we live so close to Roaring Water bay, the salt air effects adds to the texture of the duck giving a salt marsh flavour. Our duck is succulent, tender and has a high meat yield.

www.skeaghanore.ie

# Spice O Life Ltd.

Spice O' Life Limited has a diverse manufacturing capability ranging from dry seasoning blends to liquid sauces, marinades, and dressings, to ready-to-use finished prepared consumer foods.

www.spiceolife.ie

# St Patrick's Distillery Ltd.

We've been laying down new make Whiskey from other Irish distilleries since our inception in 2014. All of our whiskeys commence maturation in first fill bourbon barrels, finished in in either port, sherry, or cognac casks.

www.stpatricksdistillery.ie



#### **Susan's Sweet Sensations**

We are manufacturers of exceptional handmade confectionery and treats based in West Cork in Ireland, all made with love for your enjoyment or as the perfect gift.

www.susanssweetsensations.com

### **The Castle Pantry**

Gluten Free Cookie Range & Biscuit Cake & Simpli range of mixes

www.tastecork.ie/food-producers/the-castle-pantry

#### The Fresh Fish Deli

The Fresh Fish Deli provide the freshest fish straight off the boats of West Cork! Find our range of Fish Cakes & Fish Pies in your local Super Valu, Centra, Dunnes Stores & Tesco.

www.freshfishdeli.net

# **The Good Dairy Company**

The Good Dairy Company makes artisan ice-cream using milk and cream from its purebred pedigree Friesian Cows on its dairy farm in Nohoval, Kinsale

www.facebook.com/thegooddairycompany



# **The Good Fish Company**

The Good Fish Company was established by Denis Good in 1988 and is now one of the largest fish processors in Ireland. Through significant investment in resources and technology we have created an innovative, modern, purpose built facility in Carrigaline.

www.goodfish.ie

# The Laughing Oyster

Seaweed Seasonings. The Laughing Oyster was founded in 2015, by islander and seaweed harvester David Andrews. All their our seaweed is grown and harvested locally, from the pristine waters of Bere Island, West Cork. All seasoning products are packed full of iodine, iron and calcium, and provide a healthy alternative to salt.

www.thelaughingoyster.com

# The Skibbereen Food Compnay

The Skibbereen Food Company is a quality food company that has launched a unique savory snack into the Irish Market, under the branding of "Scratch My Pork

https://skibbereenfoodco.com/

## **Tom Durcan spiced beef**

Tom Durcan Meats ethos is to always have fresh, Irish sourced prime quality meat available. They guarantee that all meat is of the highest quality, locally sourced and specially butchered, and used by the best restaurants in the country.

www.tomdurcanmeats.ie



## **Toons Bridge Dairy**

Toons Bridge Dairy, sister company to The Real Olive Company, was established in 2011 in response to the real appetite for fresh Mozzarella amongst customers.

www.toonsbridgedairy.com

#### **Trace of Cakes**

Founded by impassioned home baker and Cork native Tracy Desmond Bell 7 years ago, Trace of Cakes creates unique and personalised cake creations for all special occasions and weddings.

www.traceofcakes.ie

#### **Ummera**

For nearly forty years Ummera has built up an enviable reputation for producing some of the finest smoked salmon available. We originally concentrated on smoking the Wild Atlantic Salmon which were caught by fishermen as the salmon returned from their feeding grounds in the North Atlantic.

www.ummera.com

#### **Union Hall Smoked Fish**

Established in 1987 "Union Hall Smoked Fish" is a family business run by the Nolan family, Situated in the fishing Village of Union Hall.oked Pate & Fish

www.unionhallsmokedfish.com



#### **Velo Coffee Roasters**

Velo Coffee Roasters was established in 2017, in a Cork City centre café. A strong interest in good quality coffee has always existed here, and we are excited to share our brand of coffee with you.

www.velocoffee.ie

#### Volcano Pizza

Everything we do, we do from scratch. From making our own dough and sauce, freshly grating the cheese for our pizzas, to pickling our own japapeños. We even build our own wood-fired pizza ovens. For freshly-cooked pizza made for you, right in front of you, we don't cut corners.

www.volcano.ie

#### **WASi- Wild Atlantic Seaweed**

At Wild Atlantic Seaweed Ireland, our Irish Seaweed products are the marriage of the wholesome produce of the land to the vitality of the ocean.

www.wasi.ie

#### **West Cork Biscuits**

Fine Irish ingredients are at the heart of our biscuits: Irish butter, free-range eggs from a small West Cork farm, top-quality oats, and many other natural products sourced here in Ireland.





## **West Cork Brewing**

The nano-brewery is based in Casey's of Baltimore, Hotel and brews three beers, Sherkin Lass a citrussy Pale Ale 4.4%, Roaring Ruby Dark Red Ale 4.4% and Stout X Stout West a chocolate porter 4.3% with more brews soon!

www.westcorkbrewingco.ie

# **West Cork Eggs**

An award winning free range egg company just outside Rosscarbery, West Cork. Our hens have good food, freedom & lots of fun & they give us delicious free range, local eggs available in Supervalu and local stores in Cork City and County!

www.facebook.com/westcorkeggs/

## **Woodcock Smokery**

Woodcock smoked fish sits at the pinnacle of Irish gastronomy and is respected as such not only in Ireland but across the culinary world.

www.woodcocksmokery.com

