

DAY 4

# FREAKY FOOD



WHY NOT TRY THIS SPOOKY PASTA  
FOR DINNER TONIGHT  
CLICK ON THE PICTURE TO FOLLOW THE  
RECIPE- BOTH OF THESE RECIPIES CAN BE  
FOUND AT [MUMMYCOOKS.COM](http://MUMMYCOOKS.COM)



TRY THESE SPOOKY BLOOD CUPS  
FOR AN AFTER DINNER TREAT