

LEABHARLAINNA
DON FHOGLAIM

**LIBRARIES
FOR
LEARNING**

Central Library, Grand Parade

3pm

**CATERPILLAR
INTERACTIVE SHOW**

See separate entry.

**Bishopstown Library, Wilton
Shopping Centre**

2pm

MINDFULNESS WORKSHOP

To enquire about this workshop with
Bernard Crowley call 492 4950.



All day

**CURRAHEEN FAMILY CENTRE
EXHIBITION**

Painting & Stitching, Arts & Crafts. See
Monday for details. Continues until end
of March.

All day

RITA LYNCH EXHIBITION

The life & times of the Macroom-born
soprano.

Tel: 492 4950

11am – 1pm

*CIT GAA Stadium,
behind Leisureworld, Bishopstown*

**TRAIN WITH YOUR SPORTING
HEROES**



*Fergal Desmond and Darragh
Broderick, Douglas*

CIT's Access Service and Marketing Unit
together with the GAA Officer, Athletics,
Soccer & Rugby Clubs in CIT, host a sports
event for young people. Cork's Sporting
Heroes will be on hand to train & teach
youngsters skills in a range of sports which
include hurling/camogie, football, athletics,
soccer and rugby.



*Grace Nagle, Mallow, Maeve O'Leary,
Douglas and Lily Carey-Murphy,
Ballincollig with Jimmy Barry Murphy*

For age group – 8 to 12 year olds. Bring
hurleys, helmets, gumshields on the day if
possible. Tracksuits/shorts/runners/boots
essential!

Bookings on first come, first served basis.
Book by logging on to www.events.cit.ie
Groups please email Christine.Nolan@cit.ie



Colin McCarthy, Miles Rothwell, Jane O'Callaghan, Cathal McCarthy, Dylan Twomey, Michael O'Callaghan, Darragh Broderick, Shane Lynch, Zach Lynch, Tom McGrath



Marian Heffernan with Robbie Walsh, Ballincollig, Sean Lyons, Ballincollig, Laura O'Flynn, Carrigaline, Liam Lyons, Ballinora and Daniel O'Flynn, Carrigaline



Sean Horgan, Fairhill, Alan Nagle, Churchfield, Jack Lynch, Gurranbraher, Darragh Clarke, Shanakiel and PJ Lee Reynolds

10am – 1pm

Coisceim Counselling Centre,
23 South Bank, Crosses Green



LEARN TO DEAL WITH LOSS & CHANGE

Kay O'Mahony, tutor with the Social & Health Education Project (SHEP), leads this interactive workshop for people experiencing loss & change, through bereavement, separation, ill health, redundancy, or other cause, in a safe space where issues can be explored. Booking essential, as places limited. Call Geraldine at SHEP 466 6180 & ask for directions to venue.

11am

Meet at the Monument, Grand Parade

CORK WALK - CITY CENTRE ISLAND

Author of books about Cork, Antoin O'Callaghan guides you on this walk which traces the development of the city centre island following the in-filling of river channels that ran between a series of marshy islands. Along the way you'll see many buildings of interest & the bridges spanning the north & south channels of the River Lee, all playing crucial roles in Cork's story. Info: Tina 086 603 5552

Self-guided walks were introduced by Cork City Council in recent years – this is the orange route, you can enjoy Shandon (red) & South Parish (blue) on Sunday.



11am – 12.30pm

The Spanish Studies Centre,
19 St Patrick's Hill

TRY A CHINESE CLASS

Join a class for beginners in Chinese & also enjoy an introduction to the culture of China.

A variety of courses in Portuguese, Spanish, Russian & English also available here. For details see Monday. Booking advised, call Cheery Lim 086 311 1193



11.30am – 2.30pm

*Shandon Community Green Garden,
Shandon St*

VISIT NEW SHANDON COMMUNITY GREEN GARDEN

The Shandon Community Green Garden is a new urban green space for locals to get involved in, to learn from, to showcase sustainability, and to promote community pride & development. Today's event includes a guided tour & discussion, nature talk & information table & an opportunity for the public to get involved by 'planting in' a new veggie bed & flowers. If anyone would like to contribute seeds, plants, shrubs, berry bushes, please bring them along - they'll find a home! All welcome. Child friendly. Parking on-street only. Garden is on the original site of St Anne's Shandon, its gate is on the right of the Post Office on Shandon Street. The garden is behind the car park of the Pope's Quay Court apartments. Those involved aim to meet weekly but can be weather & volunteer dependent. They communicate opening times via email, txt & Facebook.

Contact Shandon Area Renewal Association,
Tel: 086 204 6357
Email: shandonarea@gmail.com
Web: www.facebook.com/shandonarea

Noon

University College Cork

GEORGE BOOLE WALKING TOUR OF UCC

For details see Monday.

2pm – 3.30pm

*The Learning Room, Camden Palace
Hotel, Camden Quay*

LEARN TO FACEPAINT

Ever been stuck for your kid's birthday party or Hallowe'en? Anyone can facepaint. Learn how in this workshop with Niamh Leonard, with easy, amazing tips. For adults & accompanied children. No paints required. Booking essential as places limited. Call Niamh 087 756 8530 or email niamhnotnuala@hotmail.com

**max
15**



2pm – 6pm

*Room 101 Radio Studio,
Camden Palace Hotel*

LEARN TO HOST ON LIVE RADIO

Alex, broadcaster on Room 101 Radio, invites you to discover how programmes are made on a Community Station. Try yourself behind the microphone – live! Book your slot as only 6 places per hour. Call Alex, Tel: 086 215 1117 or Email: room101rock@gmail.com MAX 6 per hour

**max
6**



2pm – 4.30pm

*Blackpool Community Centre & Environs,
Next to Blackpool Church*

OPEN AFTERNOON AT BLACKPOOL COMMUNITY CENTRE

All welcome to an Open Afternoon at the Centre, to learn about all the courses being run here, including Introduction to Computers & Digital Photography. Contributions from local groups celebrate the artistic & creative energy of the locality - including the Butter Exchange Band performing at Blackpool Plaza during the afternoon. Also there's a Local History presentation on the origins of Blackpool. Teas/coffees & biscuits served. Organisations involved include Blackpool Community Centre, Butter Exchange Band & Artlink.

Tel: 450 1787

Email: blackpoolcc@gmail.com



2.30pm – 3.15pm

Alliance Française de Cork, Enterprise House, 36 Mary St, Off George's Quay

FRENCH FOR KIDS

Introduce your children to French at this fun introductory class with Alliance Française tutor Hélène Bouvier. Booking necessary, as places very limited, call 431 0677 or email info@alliancefrancaisecork.com



2.30pm & 3.30pm

Cork Butter Museum, Shandon

TOUR CORK'S BUTTER MUSEUM

Free admission & guided tour of this unique museum, which tells the story of Ireland's most important food export & the world's largest butter market. Come early.

Tel: 430 0600

Email: info@corkbutter.museum

Web: www.corkbutter.museum

More tours Sunday morning.

3pm

Central Library, Grand Parade



THE CATERPILLAR INTERACTIVE SHOW

Presented by Cork City Childcare, today's show is for children aged 4 - 9 with their parents & childminders. The Caterpillar Show is performed by Abracadabra School for Creative Kids, which tours the country - see www.abracadabracreativeschool.net

Booking essential - call Ruth, Cork City Childcare at 435 7500 or email ruth@corkcitychildcare.ie For more details of the show see Friday at 10.30am



7.30pm – 10pm

Vertigo Suite, County Hall

EARTH HOUR

Join Cork Environmental Forum, CIT Blackrock Castle Observatory, Cork Astronomy Club & the Nimbus Centre to celebrate the global EarthHour event & the International Year of Light 2015. Event includes the screening of *Losing the Light*, a short film; speakers on the theme of light pollution; an exploration of alternative light sources. See the lights of Cork City from this amazing vantage point. Event supported by Cork County Council.

Booking essential only through Cork Environmental Forum's website www.cef.ie Eventbrite booking is under What's New Section on Home Page.